

T-Shirt Scarf

Supplies

Included : T-shirt

Not Included: scissors and helper

SCARF

1. Cut the bottom hem off of your t-shirt, and then cut the shirt into horizontal strips, approximately 1" – 1 1/2" wide. Go all the way up to the armpit of the shirt. These strips will be stretched, so don't worry yourself with perfection.



2. Stretch your loops. Find a willing and enthusiastic partner to help you! You really can't pull these too hard.

(Tip: Depending on the material of the t-shirt, you might want to stretch one loop at a time to get the full stretch of material.



3. Collect your loops together and pull them once more to make them all even in length.
4. Depending upon the size of the t-shirt you have, you could double loop the loops when you are wearing. 😊



DECORATIVE BINDING

If you want, you could stop right here and have a perfectly cute, loopy necklace scarf. If you want to add a decorative flourish in the same color or another color, keep on going.

You will need a t-shirt in a contrasting color (not provided) or you can use one of the strips from the t-shirt you just cut.

1. If you are using a contrasting color, cut one loop of the bottom of a t-shirt.
2. From the contrasting color or the same color, cut the loop open and secure it around your looped scarf with one tie. Be sure to have a tail on the short side of the binding that's at least 5" long. You'll use this extra fabric to tie a knot in a minute.



3. Start to wind the binding around the scarf. Be sure to wrap it over the hanging piece.
4. When you have as much as you'd like, cut it off.
5. Tie the ends together in a knot.
6. Tuck the ends under the binding. You may need to loosen the end of the binding to make room for this extra fabric.



Instructions modified from: <https://tinkerlab.com/no-sew-t-shirt-scarf/>